

Exmoor's dramatic and inspiring coastline, where high cliffs tower over the Bristol Channel's turbulent waters is among the finest in the UK. You can explore it all on the South West Coast Path.



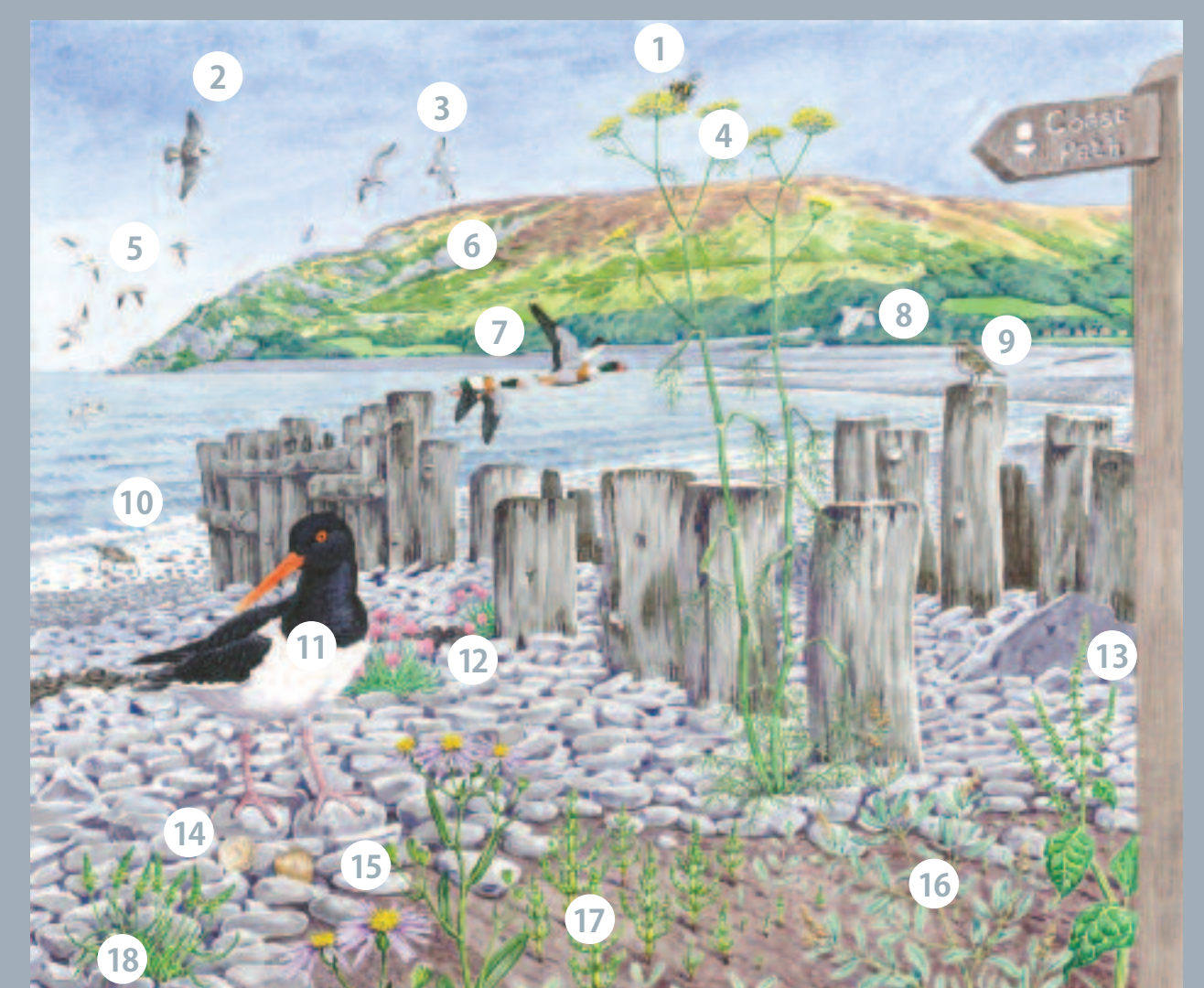
Exmoor's coast is a place of extremes with the highest cliffs in mainland Britain, the longest stretch of wooded coastline in England and Wales and the second highest tidal range in the world. Coastal saltmarshes, such as at Porlock Marsh, where the sea has breached the ridge of shingle are particularly important for wildlife. Plants such as glasswort, and sea purslane thrive in the brackish and frequently flooded marshlands. On the slightly higher ground and shingle, other specialist plants including sea beet, sea plantain, sea aster, and fennel grow providing food and shelter for invertebrates.

The muddy creeks and beaches are a haven for wading birds that probe the rich muds for the plentiful supply of molluscs, worms and shrimps that live there. These include the striking oystercatcher, handsome shelduck, and the curlew with its long downward curving beak.

**Some great places to explore Exmoor's coast:**

Porlock Marsh, Valley of Rocks, Heddon's Mouth, Lynmouth, Combe Martin, Culbone, Woody Bay.

- 1 White-tailed bumble bee
- 2 Peregrine
- 3 Black-headed gull
- 4 Fennel
- 5 Gannet
- 6 Coastal heaths
- 7 Shelduck
- 8 Little egret
- 9 Rock pipit
- 10 Curlew
- 11 Oystercatcher
- 12 Thrift
- 13 Sea beet
- 14 Peppery furrow shell



- 15 Sea aster
- 16 Sea purslane
- 17 Glasswort
- 18 Sea plantain